

EVERGREEN COUNSEING NORTHWEST

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971-240-8552

PROFESSIONAL DISCLOSURE STATEMENT

Philosophy and Approach to Counseling: My approach to counseling comes from a holistic perspective (emotional, spiritual, physical, and psychological) and is uniquely tailored to the needs and personality of each client. We will explore your personal history and current circumstances in order to 1.) Facilitate clarification of your personal goals and find ways to move toward their achievement; 2.) Encourage the development of problem-solving and relational skills; 3.) Facilitate insight into patterns of thinking or acting that hinder your accomplishment of desired changes; 4.) Explore and define transcendent/spiritual values if so desired.

As a licensed professional therapist of the **Oregon State Board of Licensed Professional Counselors and Therapists**, I will abide by its Code of Ethics (OAR833-60-001), and the code of ethics set by the **American Counseling Association (ACA)**.

Education and Training: Bachelor's degree (B.S.) in Elementary Education from Western Oregon University; Master of Arts (M.A.) in Counseling from George Fox University. Major areas of course work included: counseling theories and techniques, relationship assessment, and human development. Much of my continuing education, lay-counseling, experience, and personal life have been focused in the areas of grief and loss, depression, and spiritual development.

Continuing Education & Supervision: I will be receiving 20 hours of continuing education per year to keep my license current.

Payment for Services: Fee per session will be \$125.00 for individuals, couples, and families.

Bill of Rights: The Oregon State Board of Licensed Professional Counselors and Therapists (OAR833-60-001) has established the following client rights:

- To expect that an intern has met the minimal qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm the credentials of licensee;
- To obtain a copy of the Code of Ethics;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving the services; as defined by rule and law, including the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to client or others; 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies; 4) Defending claims brought by clients against licensee;
- To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

You may contact the Board of Licensed Professional Counselors and Therapists at 3218 Pringle Rd. SE. #160, Salem, OR 97302-6312 Telephone: (503)378-5499.