# EVERGREEN COUNSELING NORTHWEST

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Welcome to Evergreen Counseling Northwest, We look forward to serving you. Below you will find some important information concerning your treatment.

## APPOINTMENTS

Appointments last approximately 50-55 minutes

<u>Cancellations require 24-hour notification</u>. Failure to provide sufficient notice may result in a late-cancellation charge.

## **OFFICE HOURS**

Our office hours are 10:00am to 7:00pm Monday through Thursday, 9:00am-5pm Fridays. Messages can be left on the phone system outside those hours. If you experience an emergency please call Psychiatric Crisis Center @ (503) 585-4949 or call 911.

### FEES AND INSURANCE BILLING (Fees are subject to change)

Our usual and customary charges are as follows:

Initial assessment: \$150.00 Individual session: \$125.00 Family session: \$125.00

You are responsible to pay for all charges incurred. We will bill your <u>primary</u> insurance company, and prompt payment of any outstanding balance is required. <u>Our policy requires that you pay your out-of-pocket costs (such as your deductible and co-pay/coinsurance charges) at the time of the visit.</u> Bills not paid in full within 30 days will be assessed a late fee. Outstanding bills will result in referral to a collection agency or other legal action against you, and any fees we incur due to this process will be added to your outstanding balance.

### TREATMENT

Counseling is a collaborative process. You and your therapist will jointly develop a plan for treatment which addresses your needs. You will be asked to read and give written approval of the Treatment plan.

A copy of the Privacy Policy is available for review in the lobby.

Sincerely, Evergreen Counseling Northwest